Capistrano Unified School District

4th Grade Beginning Strings -Viola-



With input and materials from Kerry Arakawa, Scott Arakawa, Steve Benefield, Michelle Brunton, Penni Buff, Chad Cunningham, Lisa Gray, Andrea Howard, Ann Ludwig, Barbara Scholl, Rob Stirling, Maryann Tucker, and Kory Wentzel.

Name:_____

School:_____

Classroom Teacher:_____

Parts of the Viola



Handle With Care! Your instrument is made of breakable wooden parts, so repairs can be expensive and time consuming.

Do not let anyone play your instrument unless it is your teacher or an experienced player you trust.

Never push down the case lid to make it close all the way. Before closing and latching it, check for things that may be out of place inside. (Be sure, for example, to remove your shoulder pad before putting your instrument away)

Keep your instrument clean! After playing, wipe off the rosin dust, smudges, fingerprints, etc., with a soft clean cloth. Always wash your hands before playing your instrument.

Do not let your instrument get too hot or too cold. If the temperature is uncomfortable for you, it is also bad for your instrument. For example, never leave your instrument in a car on a hot or cold day.

Allow only an experienced repair person to fix your instrument.

Make sure your bridge is lined up correctly and standing straight at all times. If it gets out of place, ask your teacher to fix it for you.

Lesson One: Getting Started

Holding your Viola

- 1. Make sure your shoulder rest is placed on on your viola correctly
- 2. Stand or sit "tall" keeping your head facing forward
- 3. Holding the viola parallel to the floor by the right upper shoulder and guiding it with your right hand, bring it toward you at an angle to your left



- 4. As you bring the viola toward you, place the end button close to your throat. Turn your head slightly to the left and tuck the edge (the bump) of your chin rest under your jaw to the left of your chin.
- 5. If your position is correct, you should feel relaxed and comfortable-able to easily move your head up and down and side to side. Your shoulder rest should allow you to hold your viola with no help from your hands.



Pizzicato Position

1. Place the tip of your right thumb on the side of the fingerboard (near the corner)

2. Extend your first finger and pluck the string about 2-3 inches over the end of the fingerboard.

3. Keep your thumb anchored on the side of the fingerboard

4. For the best sound, make the string vibrate as much as possible.

The Viola has four open strings. They are named from lowest to highest, left to right, and thick to thin. This sentence will help you remember which order they are in:

Cats Get Dogs Angry.

Let's Review how to hold the viola in playing position.

- 1. Stand or sit tall.
- 2. Instrument rests on left collar bone and shoulder
- 3. Jaw drops comfortably onto the chinrest (heavy head)
- 4. Left hand rests on the shoulder of the viola
- 5. Place left elbow directly beneath wrist/shoulder line

1. Rock House

DDDD DDDD DDDD DDDD

2 Rock Hound

AAAA AAAA AAAA AAAA

3. Rock Tango

DDAA DDAA AADD AADD

4. The Twist

GGDD GGDD AADD GGGG

5. Lazy Afternoon

GGDD AADD GGDD AAGG

6. Skip to My Lou

DDDD AAAA DDDD AADD





7. Mary Had a Little Lamb

DDDD DDDD AAAA DDDD

DDDD DDDD AAAA D-D-

*Pencil Fun- Do You Remember the Parts of the Viola?



Lesson Two: Reading Music (Open Strings)







- a. Place your bow on the D string, halfway between the bridge and the fingerboard.
- b. Angle the bow so it is parallel with the bridge (your wrist should be bent upwards.)
- c. Pull the bow so it remains parallel to the bridge until you reach the tip. (You should need to bend your wrist the other way.)
- d. Move the bow and your wrist in the opposite direction





= Down bow (Pull Bow from frog to tip)



 $\bigvee_{\text{= Up Bow (Push Bow from tip to frog)}}$



**The bow alternates back and forth unless marking is placed. Orchestra bows should all move together in the same direction.

16. Bowing on "D"



17. Bowing on "A" - Tilt the bow to the A String



18. Alternate "DNA"- Tilt the bow from the D String to the A String Changing Strings: Your elbow is responsible for changing strings.



More Bowing on Open Strings

Changing Strings: Your elbow is responsible for changing strings.





To play "E" on the D string, press the tip of your first finger down securely on the first stripe on the D string.



24. A Bumpy Road



25. Smooth Sailin'

B4000000000

26. Back and Forth

27. Two Note Jive











Go back to beginning and play again



42. Note Review

Match the note with the finger numbers

Ε	Open D String
F#	3 on the D String
Α	1 on the D string
D	Open A String
G	2 on D String

Lesson 8: New Note "B"





Lesson 9: C# on the A String







Go back to the beginning and play again

Lesson 10: High D on the A String



To play High D, press the tip of your third finger on the third stripe on the A string.

Reminder: Keep your first two fingers down on the first two stripes.

53. Up the A string

54. Climbing the D Scale



55. Descending



57. Note Review-Write the note names for all the notes you have learned so far







Honor 4th Grade String Songs



62. Twinkle Twinkle, Little Star







Some Basic Rhythmic Fundamentals



67. Quiz

1. A	ο	receives	_beats.
2. A	-	receives	_beats.
3. A		receives	_beats.
4. A	\$	receives	_beats.
5. A	0	receives	_ beats.
6. A	—	receives	_ beats.
7. A	d.	receives	_ beats.

Directions: Match each note to the number of beats it gets

	1
	2 3 4
•	3
0.	4

String Instrument Word Search

-									-															
Ν	1	F	R	F	Е	L	С	Е	L	В	Е	R	Т	А	L	0	1	V	D	D	S	W	S	S
F	Ν	К	А	Y	F	R	F	V	Х	D	Y	D	0	L	Е	М	Q	1	А	G	Х	Q	н	Е
Т	н	F	в	в	С	G	С	L	Ρ	1	Ζ	Ζ	1	С	А	т	0	Ρ	Е	S	R	Т	А	L
н	Q	Q	Е	R	н	Y	Т	н	М	Е	к	Е	Y	F	F	0	R	Ρ	Е	Е	Ρ	1	R	0
F	т	J	L	E	E	0	W	С	U	F	15	С	в	1	L	Е	G	т	Х	С	В	М	Ρ	н
Х	S	Ν	в	R	С	T	Е	М	Ρ	0	N	Y	N	L	D	N	0	S	С	Е	0	Е	Y	D
Р	Е	Е	U	Е	1	S	0	В	R	Т	D	G	E	L	1	Ν	V	R	Т	1	W	S	Q	Ν
1	R	т	0	Ρ	в	Е	S	N	Т	в	E	С	U	N	4	D	0	Е	Т	Р	L	1	Е	U
R	F	0	D	Е	U	0	V	A	R	R	ĸ	0	U	к	5C	0	w	Ν	S	L	I.	G	N	0
G	L	Ν	D	А	S	N	W	F	в	Е	Н	Т	T.	Y	0	W	н	U	Е	1	F	Ν	I.	S
w	А	Е	0	т	А	Q	1	0	H	S	T	G	J	G	R	N	0	Т	R	Α	т	Α	L	U
0	н	L	w	S	М	Е	А	S	U	R	Е	R	Y	н	С	в	L	Е	Ν	т	Q	т	R	Ν
в	V	0	N	1	0	R	Е	т	0	N	F	L	А	н	S	0	Е	Ν	1	Y	М	U	Α	Р
Α	D	н	в	G	D	А	R	С	0	R	۷	G	С	U	в	W	R	Т	Н	W	к	R	в	S
М	Ν	w	А	Ν	۷	1	0	L	1	Ν	F	R	0	G	Q	Q	Е	F	С	Е	٧	Е	U	Е
Т	S	Е	R	R	Е	Т	R	A	U	Q	U	Ρ	в	0	W	P	S	U	N	D	к	С	Е	N
F	Е	L	С	0	Т	L	A	R	D	G	J	Ν	Е	J	Ν	0	Т	Т	U	В	D	Ν	Е	К

alto clef bow lift down bow half rest quarter note sharp treble clef whole rest arco bridge end button measure quarter rest shoulder pad tuning pegs barline cello fine tuners melody repeat sign sound holes up bow bass clef chin rest fingerboard neck rhythm tailpiece

viola

bow double bar frog notes rosin tempo violin bow grip down bar half note pizzicato scroll time signature whole note

Reading Music





Note Name and Fingering Reference Chart













75. Black and White



- $\mathbf{k} = \mathbf{A} \text{ Quarter Rest is one beat of silence.}$
- - 77. Walking Song









G on the D String



G is located on the fifth line.F# is located on the fourth space.E is located on the fourth line.Open D is located on the third space.



87. Going Up and Down





89. Grasshoppers



90. Norwegian Folk Song





91. Pizzicato March





G Tunes

KEY SIGNATURE



In this *key signature* you will play all F's as $F^{#}$'s and all C's as $C^{#}$'s. The *key signature* is always located at the beginning of each line. You will notice that there are no longer any sharps located in the songs.





96. Draw four E quarter notes 2. Draw four F[#] quarter notes 3. Draw two G half notes










D Tunes



A Repeat Sign tells you to repeat the music.











119. Scotland's Burning



Complete the Story



Each group of notes spells a word. Use the words to fill in the blanks in the following story. The number "1" group spells the word for the number "1" blank, the number "2" group spells the word for the number "2" blank, and so on.

______(1) and her mom and ______(2) were moving into a new home at the _______(3) of town. It was their last night in the old house. Everything was moved out except a _______(4), some _______(5), and a sleeping ______(6). ______(7) said, "It sure is _______(8) around here." She______(9) to have a party that last night, but _______(10) said it was a _______(11) time to have friends over, and, too it was late. Mom _______(12) that there was no way she could ________(13) anyone, so a party was out. Just then the door flew open. There were Ruthie, _______(14) and _______(15) standing in the doorway, yelling "Surprise!" Each carried a _______(16) filled with goodies. They also brought paper plates and cups. There was even a jug of lemon _______(17). What started out as a dull evening turned out to be a fun time for all.

Glossary of Terms

Accidentals (#, \, b): sharp, natural, and flat symbols for altering pitch.

Arco: to play using the bow.

Arpeggio: notes of a chord played separately.

Beat: the pulse of the music.

Bow lanes: point of contact of the bow, near the bridge or near the fingerboard.

Bow lift: lift the bow from the string and return to the frog in a circular motion.

Clef sign: located at the beginning of each line of music, the clef sign defines the letter names for the lines and spaces on the staff for your instrument.

Col legno: or more precisely col legno battuto (<u>Italian</u> for "hit with the wood"), is an instruction to strike the string with the stick of the bow.

Down bow: moving bow toward tip; pull.

Duet: music in two parts.

Fermata: symbol indicating to hold a note longer.

Key signature: identifies notes that are raised or lowered.

Ledger lines: extend the staff with small lines written above or below.

Legato: play with smooth bow strokes.

Measure: the space between barlines.

Octave: a pitch that is eight notes higher or lower and both pitches have the same letter name.

Pizzicato (*pizz.*): pluck the string with the index finger of the right hand.

Repeat sign: go back and play a section of music again.

Scale: a set of eight notes in ascending or descending order that begins and ends on the same letter.

Spiccato: bowing technique for string instruments in which the bow bounces lightly upon the string.

Staccato: stopped bow stroke.

Staff: 5 lines and 4 spaces, used for writing music.

Time signature: indicates how many beats are in a measure (top number) and what kind of note gets one beat (bottom number).

Tremolo: shake the bow back and forth rapidly as if trembling.

Up bow: moving bow toward frog; push.





Across:

1.5 lines and 4 spaces, used for writing music

4. play with smooth bow strokes

5. identifies notes that are raised or lowered (2 words)

6. extend the staff with small lines written above or below (2 words)

If the bow from the string and return to the frog in a circular motion (2 words)

11. shake the bow back and forth rapidly as if trembling

14. a set of eight notes in ascending or descending order that begins and ends on the same letter

17. symbol indicating to hold a note longer

18. pluck the string with the index finger of the right hand

19. notes of a chord played separately

20. stopped bow stroke

21. moving the bow toward frog; push (2 words)

22. indicates how many beats are in a measure (top number) an what kind of

note receives one beat (bottom number) (2 words)

Down:

2. located at the beginning of each line of music, this symbol defines the letter names for the lines and spaces on the staff for your instrument (2 words)

3. the pulse of the music

8. go back and play a section of music again (2 words)

9. points of contact of the bow, near the bridge or near the fingerboard (2

words)

music in two parts
the space between barlines

13. a pitch that is eight notes higher or lower and both pitches have the same letter name

15. bowing technique for string instruments in which the bow bounces lightly upon the string.

16. sharp, natural, and flat symbols for altering pitch

19. to play using the bow

23. moving bow toward tip; pull (2 words)

24. an instruction to strike the string with the stick of the bow (2 words)

Cut out and use to practice your note names. Flashcards for the D String Notes









I





Cut out and use to practice your note names. Flashcards for the A String Notes





