

Band Beginnings Method Book



Trumpet

Name _____ School _____

Teacher _____ Room _____

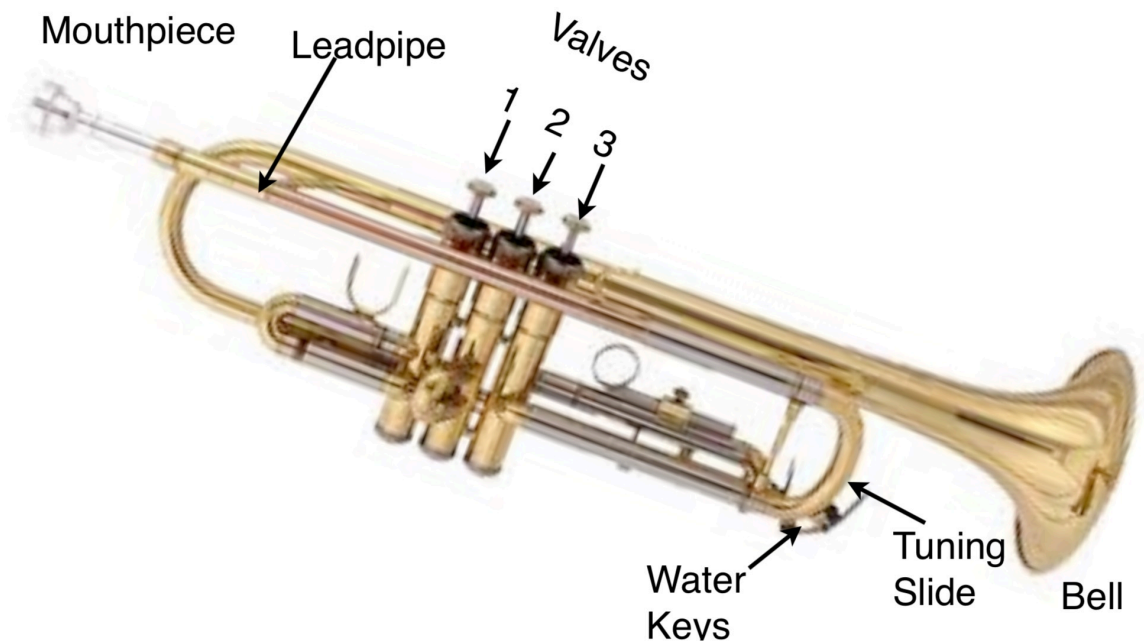
Supply Checklist

- ☐ Instrument (or a note from home if you can't bring it)
- ☐ 1. Luggage Tag on the case (name, address, phone, classroom teacher, school)
- ☐ 2. Music Binder (a three-ring binder)(1-inch hard cover is best)
- ☐ 4. Pencil
- ☐ 5. Music Stand at home (highly recommended)

Instrument Supplies

- ☐ Valve Oil
- ☐ Cleaning Cloth

Parts of the Trumpet



Forming the Trumpet Embouchure

Step 1: Bring your lips together by pronouncing the syllable “em”. Your upper and lower teeth should be slightly apart and aligned.



Step 2: Firm the corners of your mouth and draw your chin muscles downward. Keep the corners of your mouth focused firmly inward to prevent puffy lips and cheeks.



Step 3: Blow a steady stream of air between your lips to make a long buzzing sound.

Placing the Mouthpiece on the Lips

Step 1: Bring your lips together to form the syllable “em”.

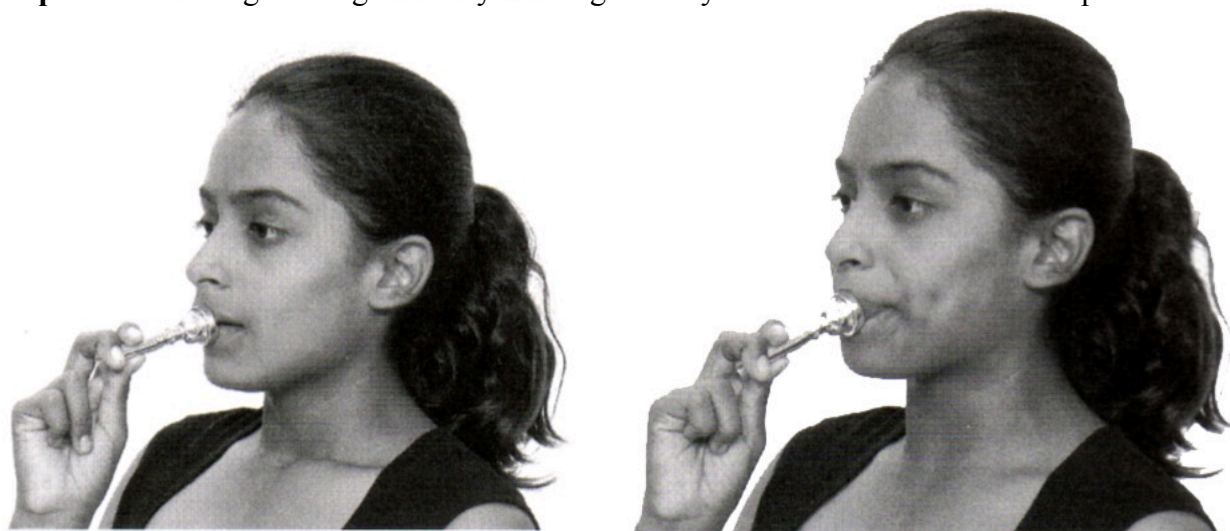
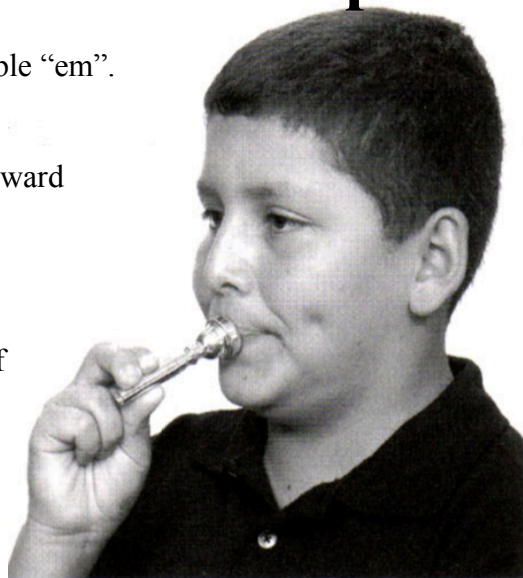
Step 2: Firm the corners of your mouth inward toward the center of your mouth.

Step 3: Draw your chin muscles downward.

Step 4: Position your mouthpiece on the center of your lips with $\frac{1}{2}$ upper lip and $\frac{1}{2}$ lower lip within the rim of the mouthpiece.

Step 5: Take a full breath of air through your Mouth

Step 6: Make a long buzzing sound by blowing a steady stream of air into the mouthpiece



Trumpet Embouchure

Student Reference Guide

DO:

- ♪ Center the mouthpiece over your lips.
- ♪ Say “em” to form a good embouchure.
- ♪ Keep space between your teeth
- ♪ Practice with a mirror, making sure to look straight into the mirror (not looking down or to the side).
- ♪ Use fast, steady air.



DON'T:

- ♪ Don't use pressure or force when you play. There should be little pressure from the mouthpiece on your lips.
- ♪ Don't puff out your cheeks.
- ♪ Don't bunch up your chin. Keep it flat and natural.
- ♪ Don't tense up when you play- relax!
- ♪ Don't make a smiling face when you play.

ASSEMBLING THE TRUMPET

1. Put the mouthpiece in the trumpet.



2. Use two fingers and your thumb to twist the mouthpiece your instrument.



Holding your Trumpet

Left Hand Position

Wrap your left hand around the valve casing.



The left hand holds the entire weight of the trumpet.



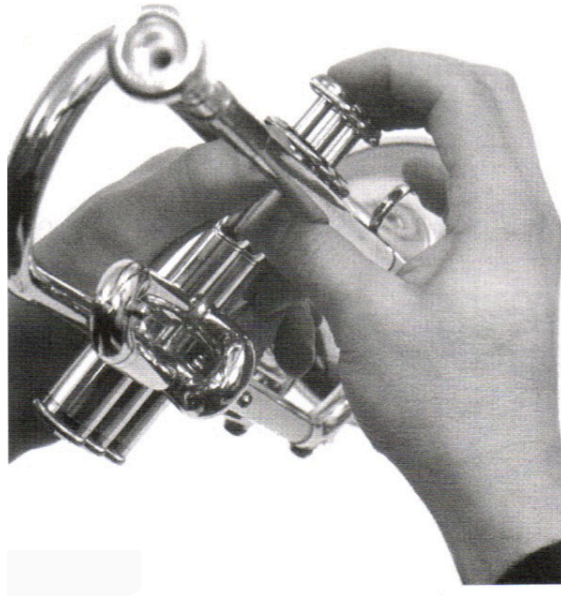
Holding your Trumpet

Right Hand Position

The right hand should make a backward C with the thumb between the first and second valves and the index, middle, and ring fingers resting LIGHTLY on the tips of the valves.

Place the tip of your first three fingers on the valve pearls.

Keep your fingers curved.



The pinky should rest ON TOP of the pinky rest (not underneath). This allows each finger to move the most easily in order to play.





Trumpet Posture and Position

Sitting Posture

Feet Flat on the floor

Back Straight

Sit on the Front Edge of your Chair

Bring your trumpet out in front of you and straight to your lips. (Remember, your arms move so your head and neck don't have to!)

Position the trumpet to the center of your body.

Allow the downward angle of the trumpet to be determined by your embouchure and mouthpiece placement.

Support the entire weight of the trumpet with your left hand.

Position your elbows comfortably away from your body.



Trumpet Maintenance

Before You Play:

Do not consume sugary candy, gum or sodas before playing your instrument.

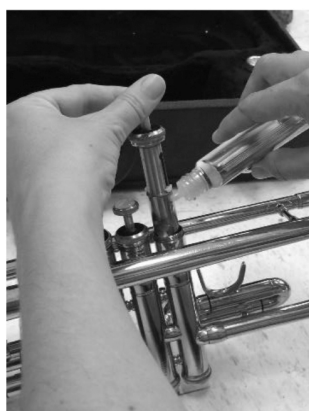
Always lay your case flat on the floor before opening and closing your trumpet case.

Lubricate your valves:

1. Unscrew the valve cap and pull the valve out about halfway.
2. Apply 2-3 drops of valve oil to the wide part of the valve.
3. Push the valve back into position, making sure that it is lined up correctly.
4. Depress the valve for about 5 seconds or so to ensure that the oil has properly spread.

To check for proper alignment, gently try to turn the valve. If it doesn't turn it is lined up properly. If it turns, keep turning the valve until you hear a "click" and the valve stops turning.

Also, confirm that the valves have been placed properly by blowing air through your instrument. If your valves aren't properly placed, air will not flow freely through your trumpet.



Never force your mouthpiece onto your instrument. If you do, it will most likely get stuck. If this happens never try to remove it yourself by using force. Instead, bring your instrument to your directors because they will probably have a mouthpiece removal tool. If not, it can be removed quickly and easily by a representative at a local music store.

After You Play:

Remove excess moisture from inside your instrument by opening the water keys and blowing through the instrument.



Then, wipe down the outside of the trumpet with a clean, soft cloth to remove oils and perspiration. This will keep it from tarnishing.



Storage:

Always leave your trumpet placed properly in its case when it is not being used. Never leave it on the ground, a chair or a music stand. Always keep it in your hands or in its case.

Do not put music and other items in your case unless there is a space or compartment designed for it. Loose items can damage your instrument and case. Make sure to keep the mouthpiece in its special compartment.

Never store your trumpet in extreme hot or cold temperatures. Extreme temperatures can damage your instrument.



When carrying your trumpet, double check that the latches are closed securely. It is a good idea to carry the LID of the case against your leg.

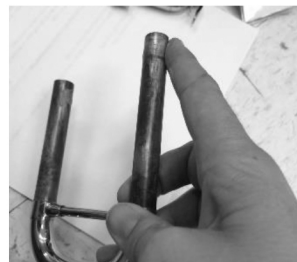
Weekly Maintenance:

Clean out your mouthpiece weekly with soft liquid soap, warm water and a mouthpiece brush.



Monthly Maintenance:

- Pull valves out completely, wipe off old excess oil and residue. Apply 4-5 drops of oil again as shown previously.
- Check to make sure that slides move freely and lubricate them if they are difficult to move. To do this, pull out the slide and wipe it with a soft cloth to remove any residue. Afterward, rub a small amount of slide grease on it and carefully insert the slide back into your instrument. Here are some pictures of the process:



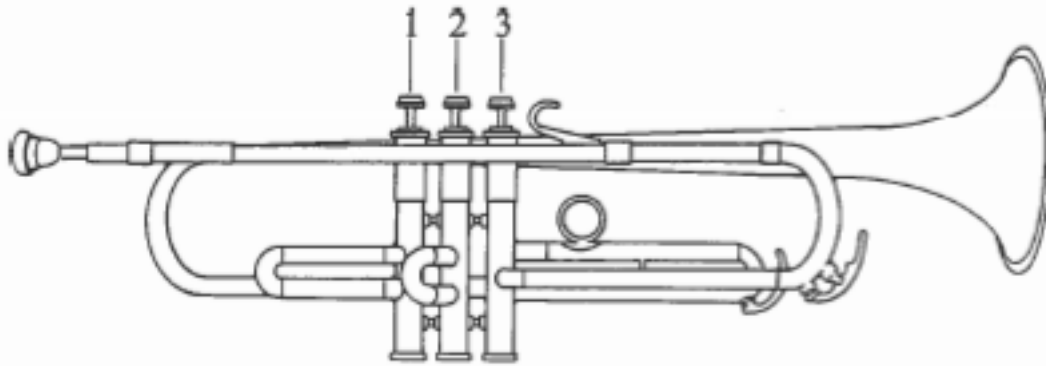
- The inside of your trumpet should be thoroughly cleaned every few months in lukewarm water- NEVER hot water. Your teacher will give you specific instructions on how to give your instrument a deep cleaning at home.

Annual Maintenance:

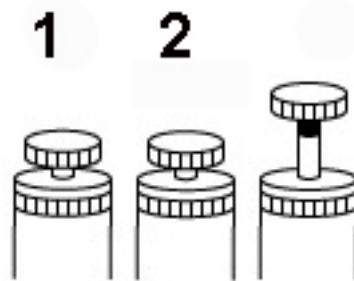
If you own your instrument, summer is a great time to take your trumpet to a local music store for an annual check-up. Yes, musical instruments need “check-ups” too! The store will do minor repairs if needed and do a thorough chemical cleaning of your instrument. If you are renting, this maintenance is usually covered in the rental program.

Band Beginnings- Trumpet

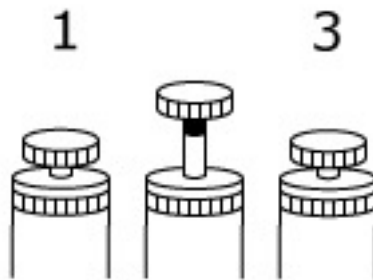
Lesson One: Our First Three Notes



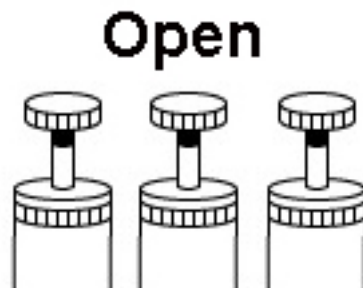
1 Play an *E* :



2 Play a *D*:



3 Play a *C*:



4. Our First Song- Hot Cross Buns

(Hold Notes Through the Dashes)

E - D - C - - -

E - D - C - - -

C C C C D D D D

E - D - C - - -

Time Signatures - $\frac{4}{4}$

Time signatures appear at the beginning of a piece of music. They are made up of two numbers.



The top number indicates the number of beats per measure.
The bottom number indicates which note will get one beat.

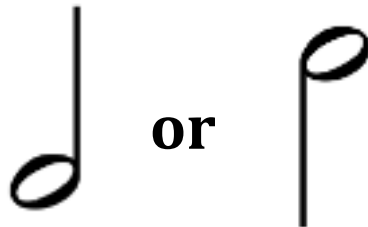
In $\frac{4}{4}$ time there are four beats in each measure.

A **quarter note** (♩) = 1 beat
A **half note** (♪) = 2 beats
A **whole note** (♩) = 4 beats

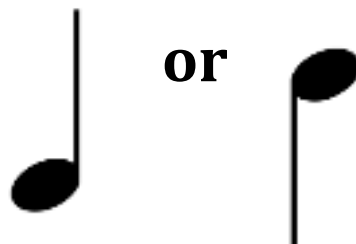
5. A *Whole Note* receives 4 Beats



6. A *Half Note* receives 2 Beats



7. A *Quarter Note* receives 1 Beat



Rhythm Quiz

8. What kind of note gets 1 beat? _____

Answer

Draw four 1 beat notes in the space below:

9. What kind of note receives 2 beats? _____

Answer

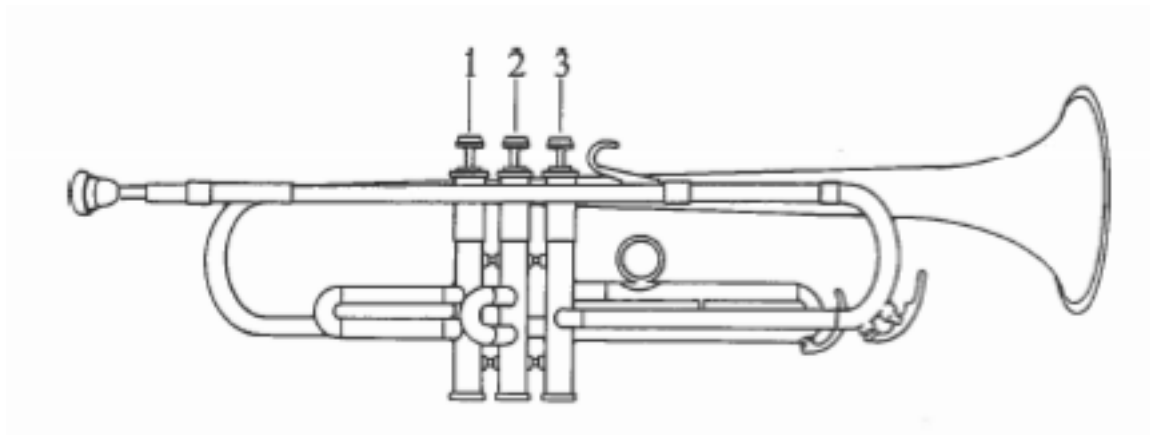
Draw four two beat notes in the space below:

10. What kind of note receives 4 beats? _____

Answer

Draw four 4 beat notes in the space below:

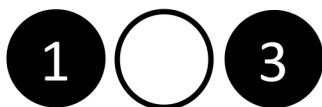
Our First Three Notes



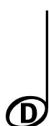
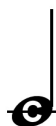
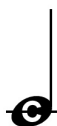
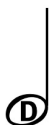
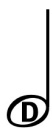
E

D

C

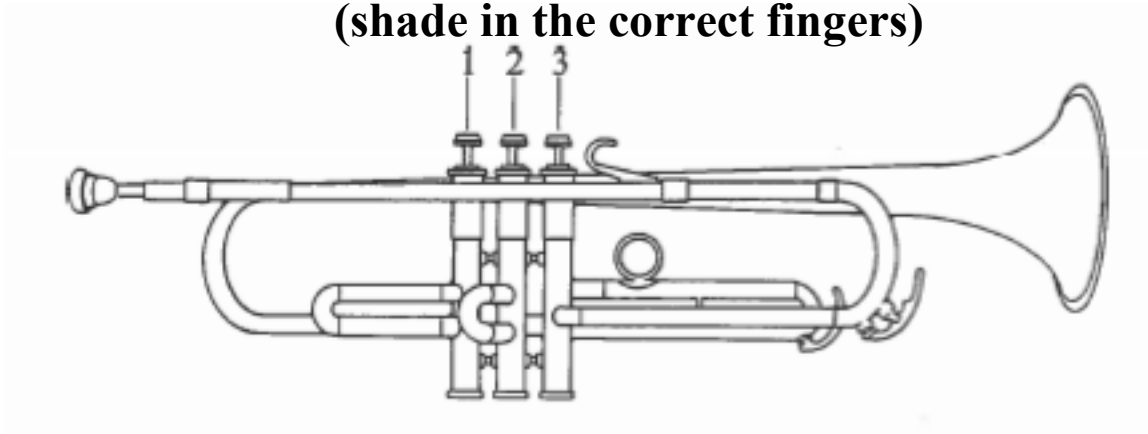


11. Hot Cross Buns

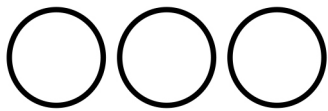


Our First Three Notes

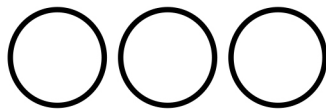
(shade in the correct fingers)



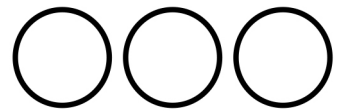
E



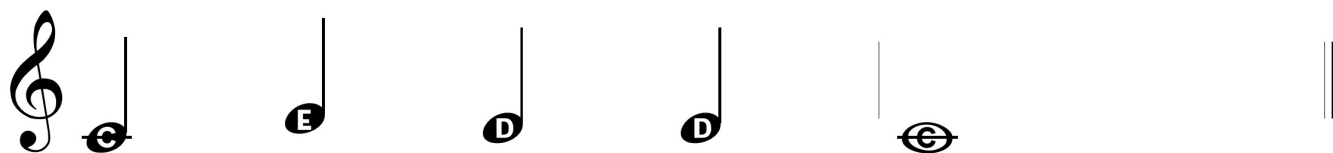
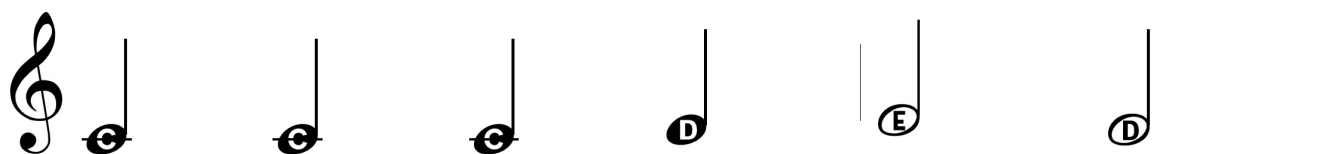
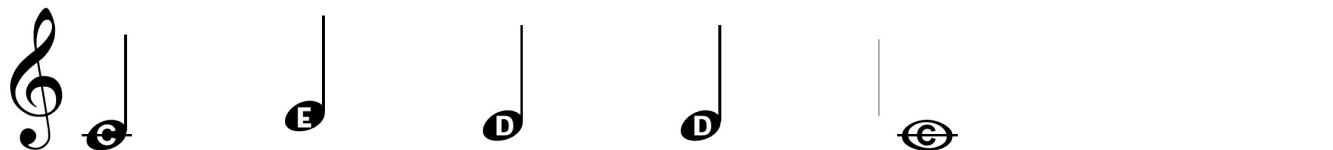
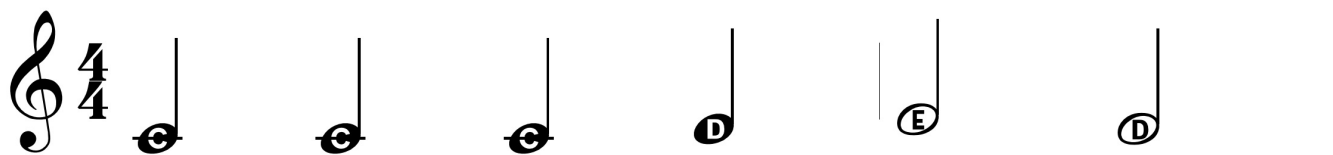
D



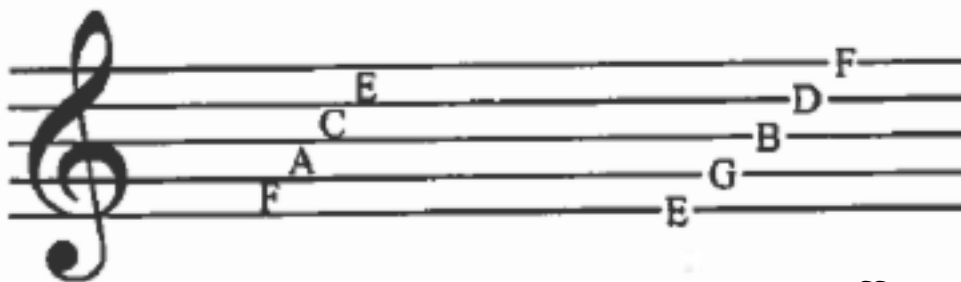
C



12. Au Claire de la Lune



The Treble Clef Staff



Notes are written on lines and spaces called the **staff**

13. How many lines do you count in the staff? _____

14. What are their letter names? _____

15. How many spaces do you count in the staff? _____

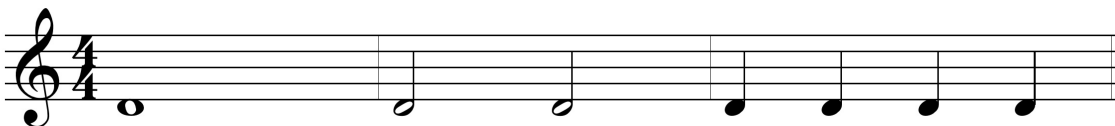
16. What are their letter names? _____

Our First Three Trumpet Notes

17. The **Note E** is written on the 1st line. All of these notes are E.



18. The **Note D** is written below the first line. All of these notes are D

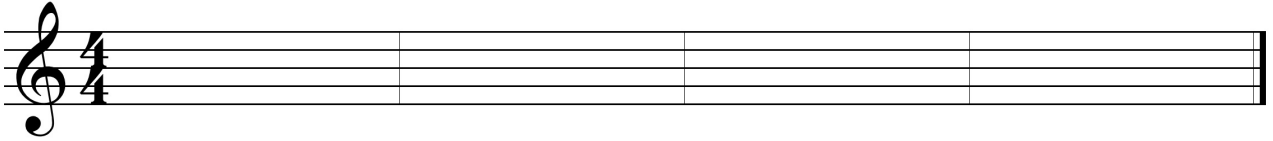


19. The **Note C** is written on a ledger line below the staff. All of these notes are C.

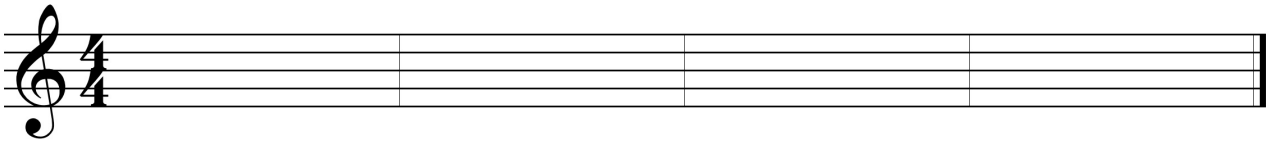


Write E, D, C

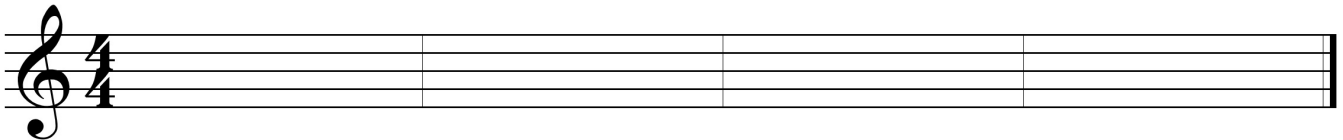
20. On the staff below, draw **12 quarter notes on the note E**.
Put 4 in each measure.



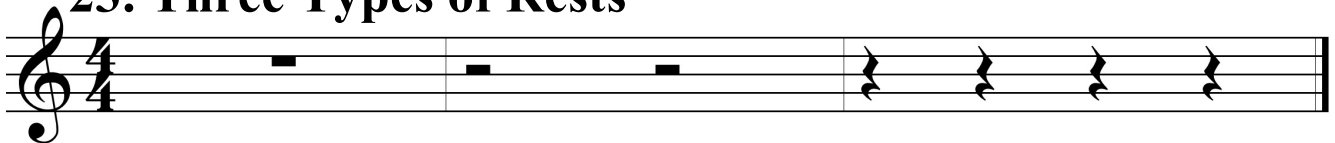
21. On the staff below, draw **8 half notes on the note D**.
Put 2 in each measure.



22. On the staff below, draw **4 whole notes on the note C**.
Put 1 in each measure.



23. Three Types of Rests

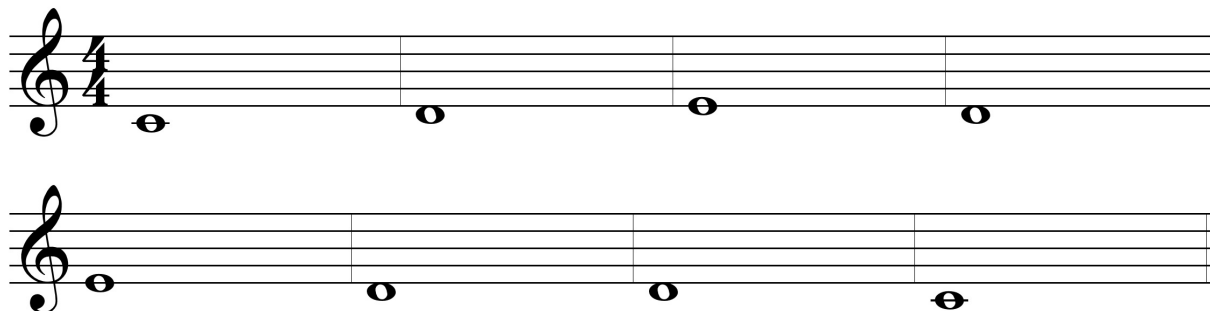


A **whole rest** gets
gets 4 beats of silence

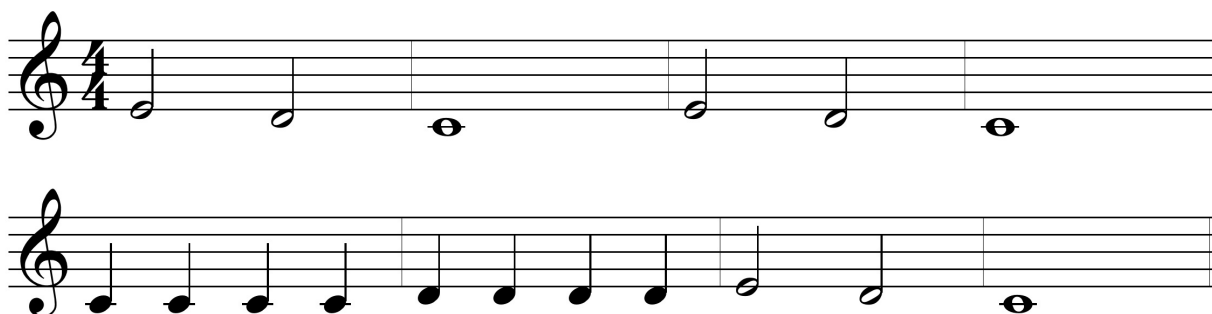
A **half rest** gets
2 beats of silence

A **quarter rest** gets
1 beat of silence

24. Three Note Review



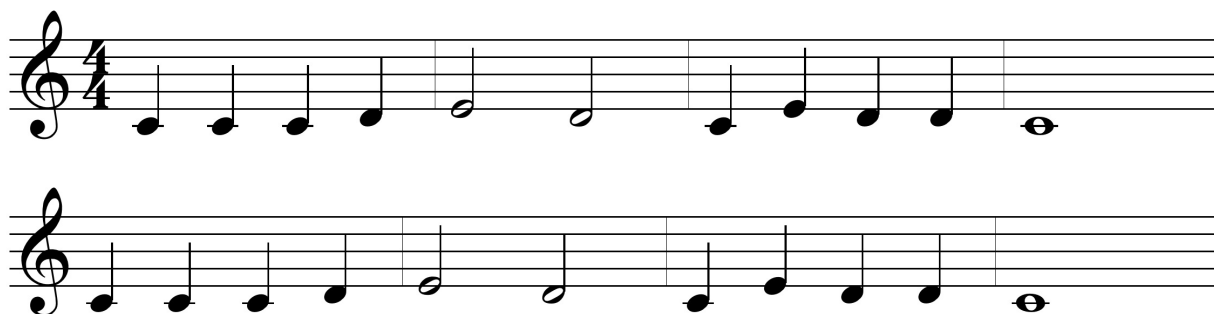
25. Hot Cross Buns



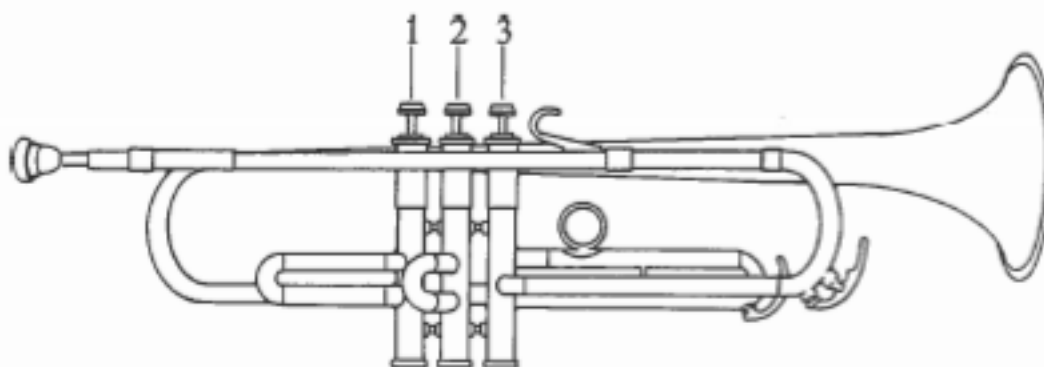
26. One Note Boogie



27. Au Claire de la Lune



Reference Page



E

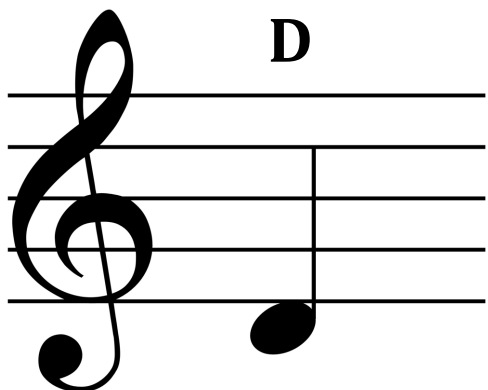


1

2



D

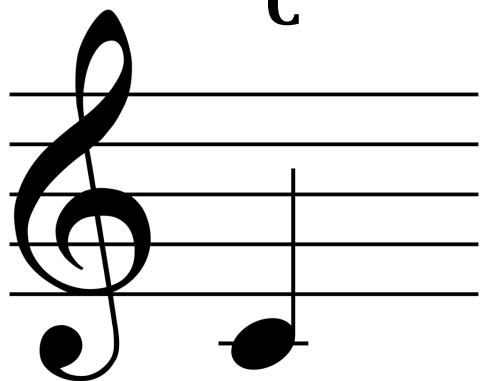


1

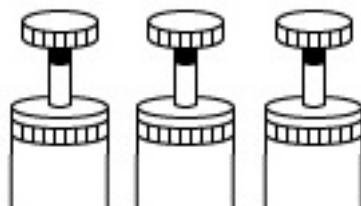
3



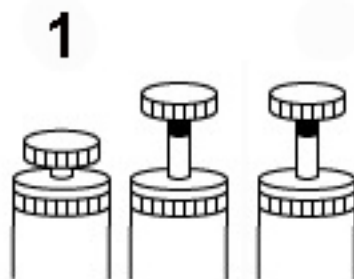
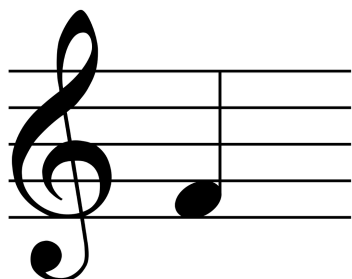
C



Open

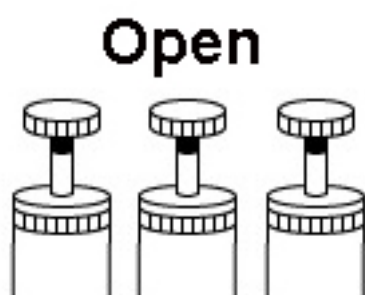


28. New Note- F



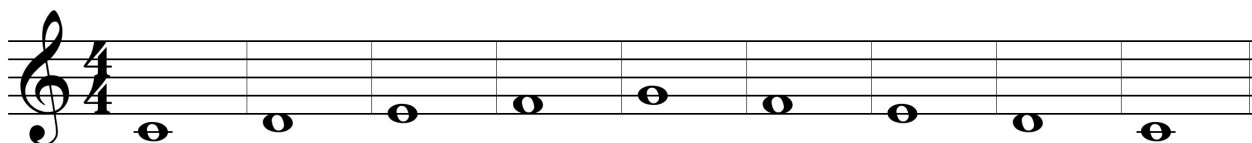
The note F is written on the first space of the staff

29. New Note- G



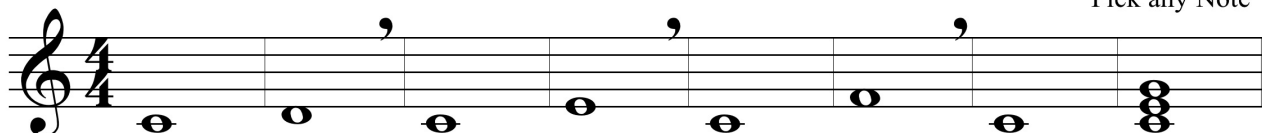
The note G is written on the second line of the staff

30. Five Note Scale

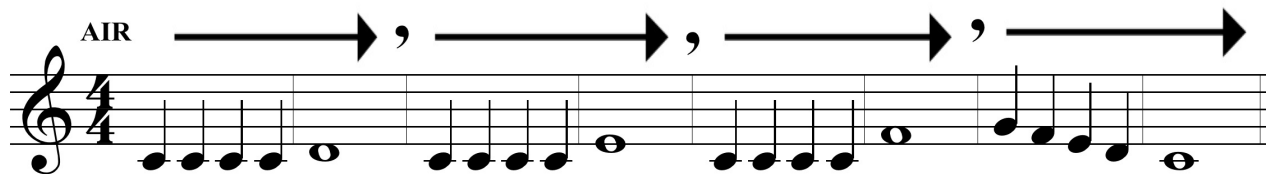


31. Tone Builder #1

Chord
Pick any Note



32. Tone Builder #2

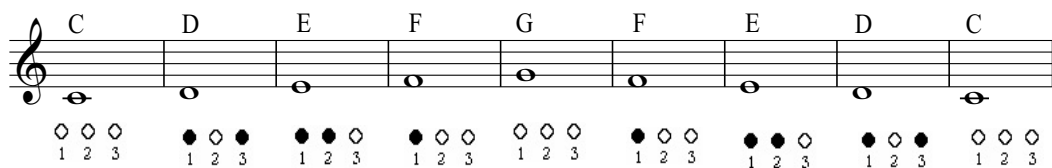


Trumpet

Band Warm-Up

#1

The FIVE NOTE SCALE



#2

Tongue each note...and see how many notes you can go without taking a breath!



#3a

Keep your air stream steady for the entire exercise!

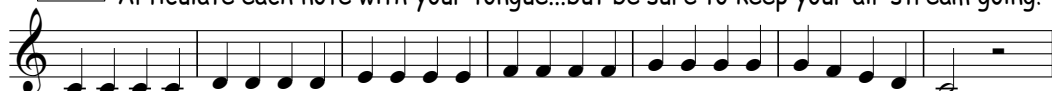


#3b



#4

Articulate each note with your tongue...but be sure to keep your air stream going!



#5

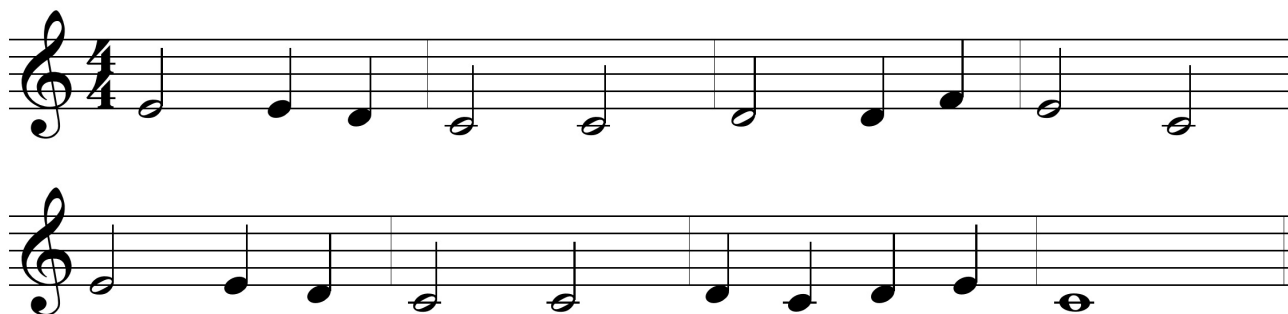
Keep your air stream strong!



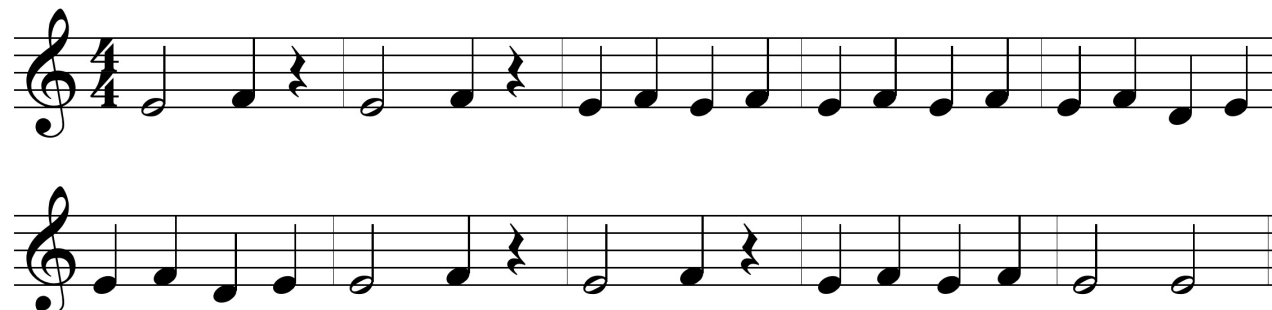
33. Low- Rest- High-Rest



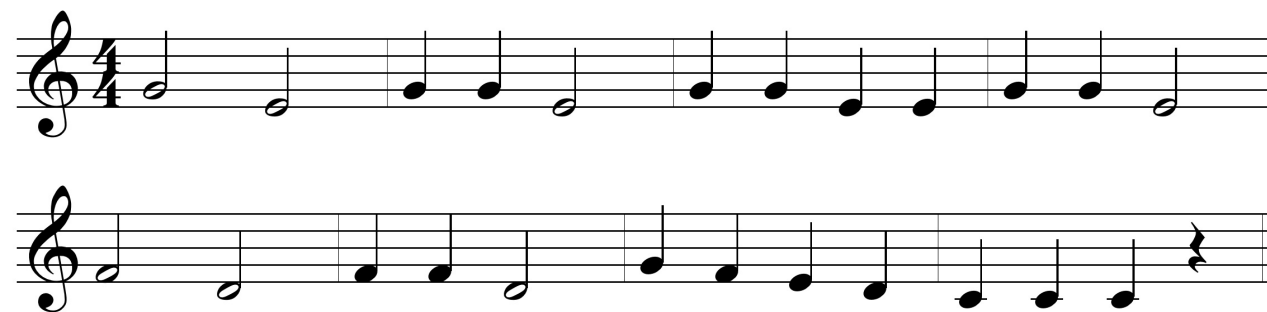
34. Aunt Rhodie



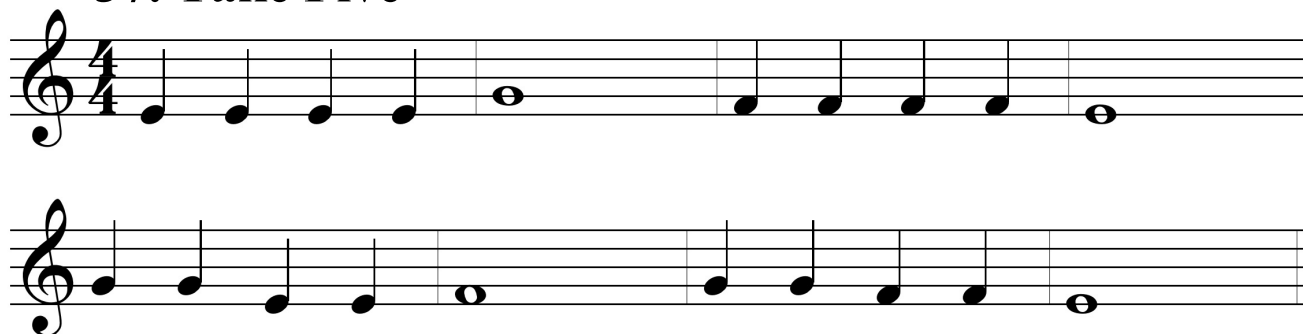
35. Theme from "Jaws"



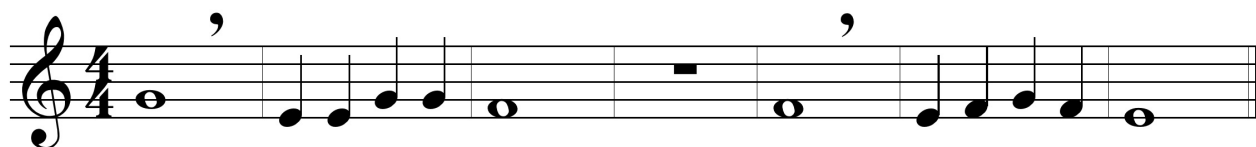
36. Rain, Rain Go Away



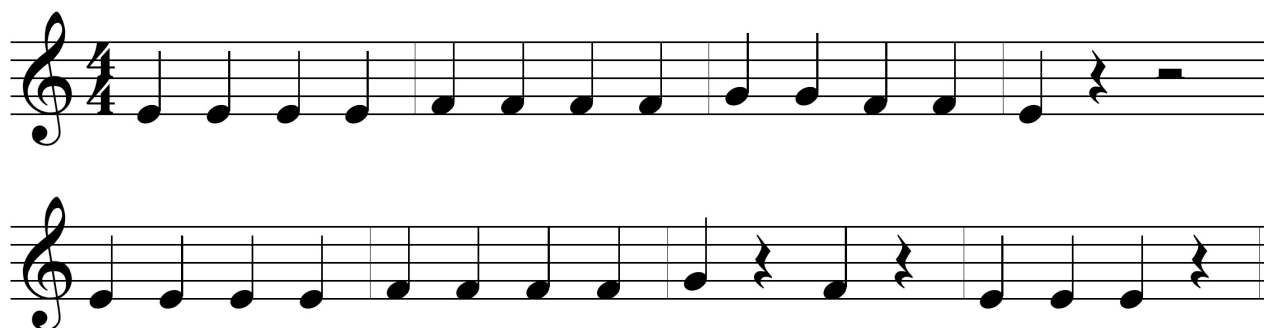
37. Take Five



38. Three Note Samba



39. El Toro



40. Celebration



41. Our First Five Notes Warmup



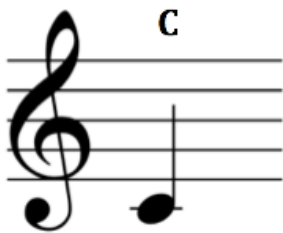
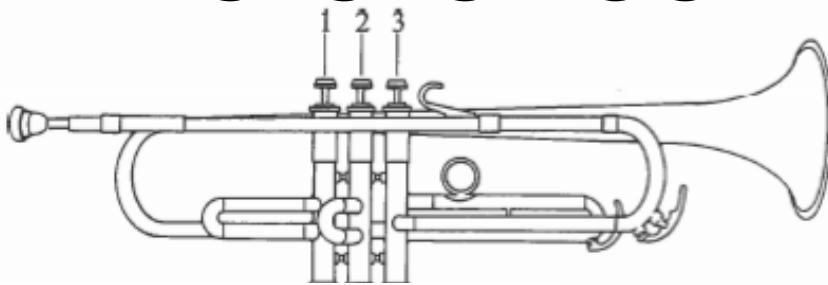
42. Jingle Bells



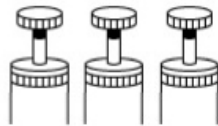
43. Good King Wenceslas



Reference Page

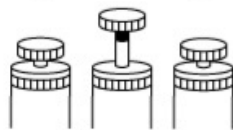


Open



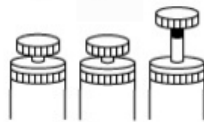
1

3

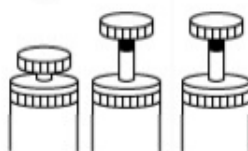


1

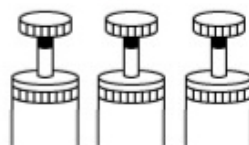
2



1



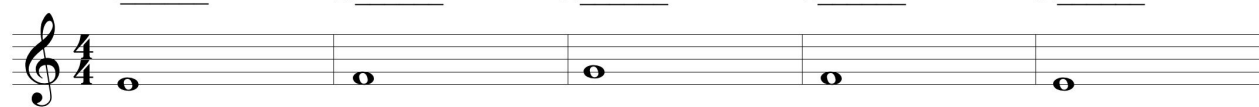
Open



44. Five Note Review

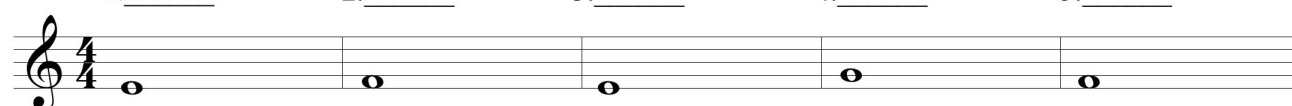
Fill in the fingering and write the note name. Play each note on your trumpet.

1. _____ 2. _____ 3. _____ 4. _____ 5. _____



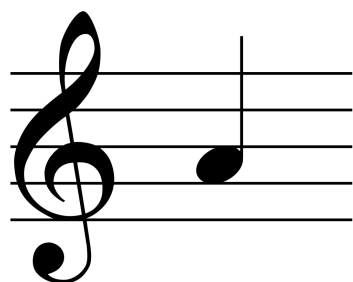
○○○ ○○○ ○○○ ○○○ ○○○

1. _____ 2. _____ 3. _____ 4. _____ 5. _____



○○○ ○○○ ○○○ ○○○ ○○○

45. New Note- A



1

2

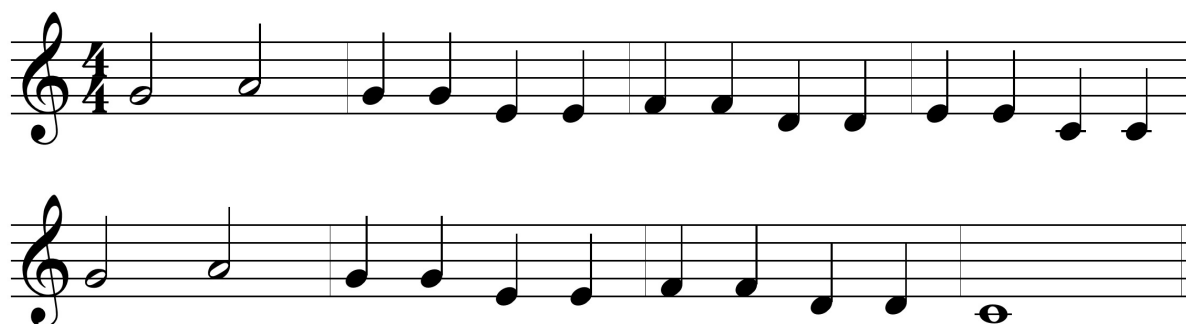


The note A is written on the second space of the staff

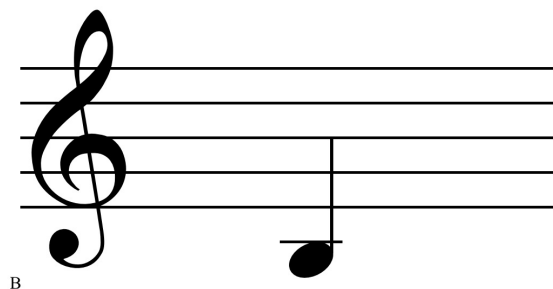
46. Twinkle, Twinkle Little Star



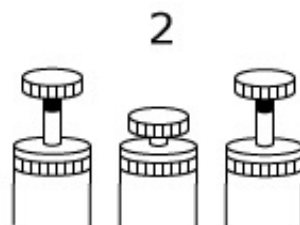
47. Grand March



48. New Note- Low B

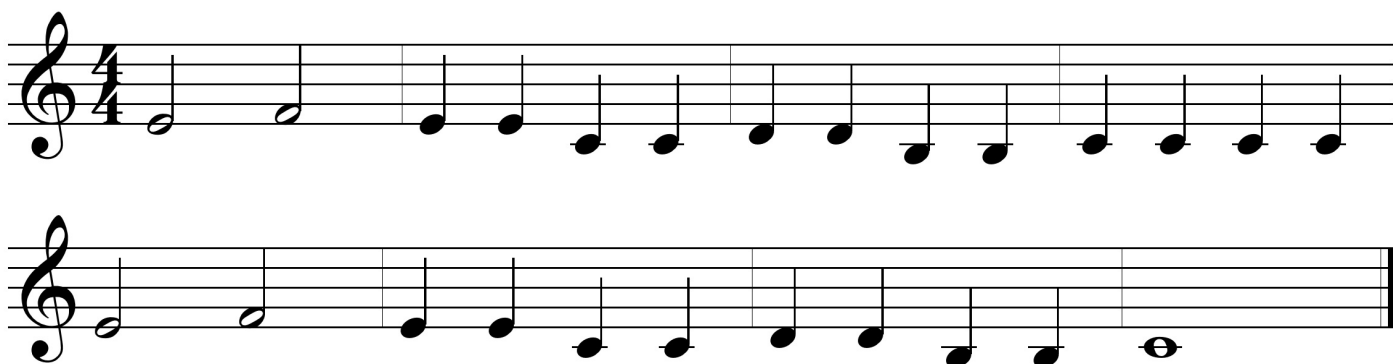


B



The note B is written on space below the first ledger line of the staff.

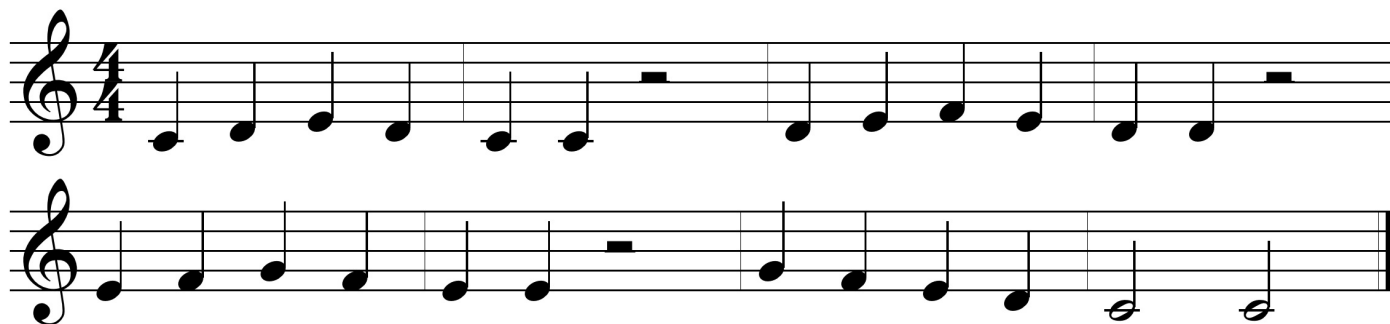
49. Grand March (Harmony)



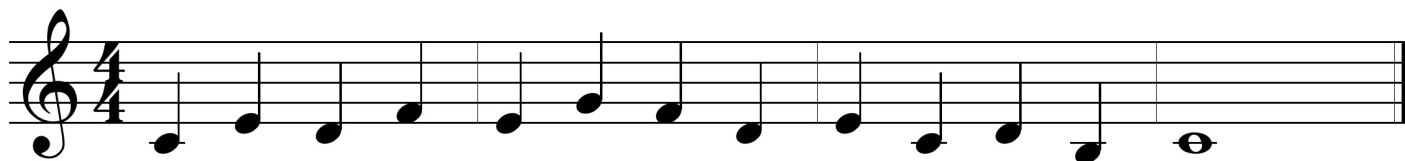
50. Rain Rain, Stay Away



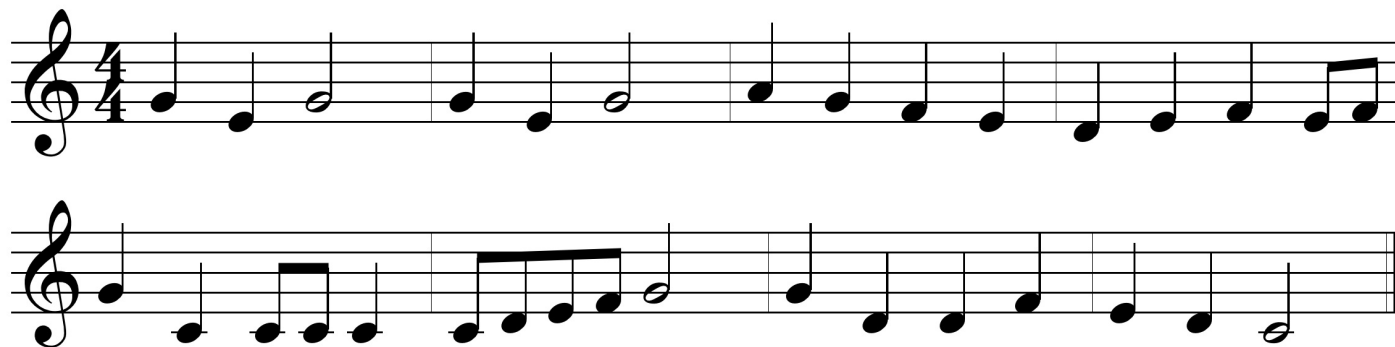
51. Five Note March



52. Skips



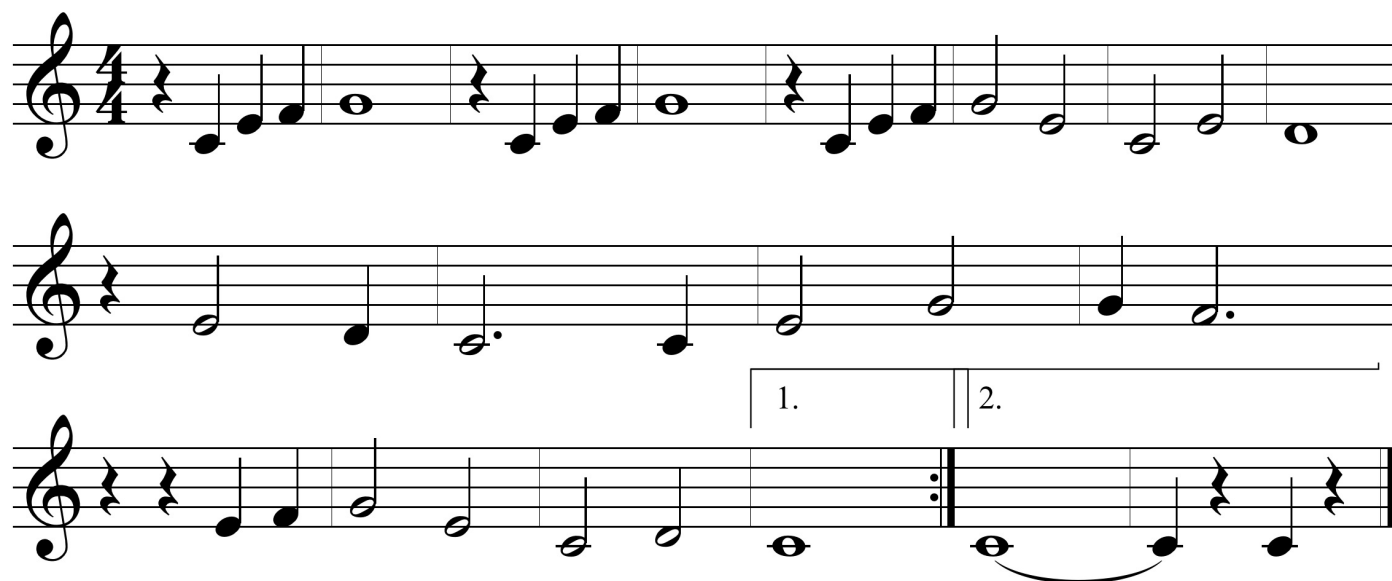
53. This Old Man



54. Ode to Joy



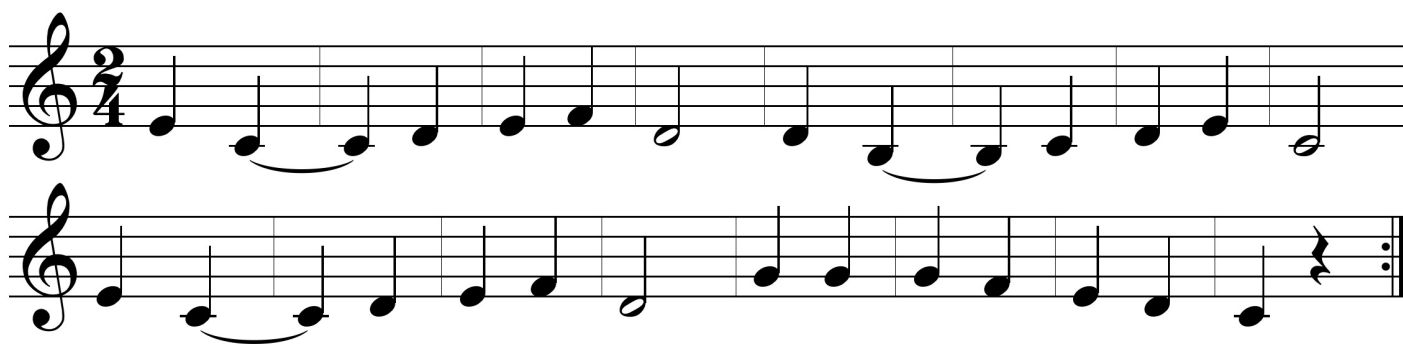
55. When the Saints Go Marching In



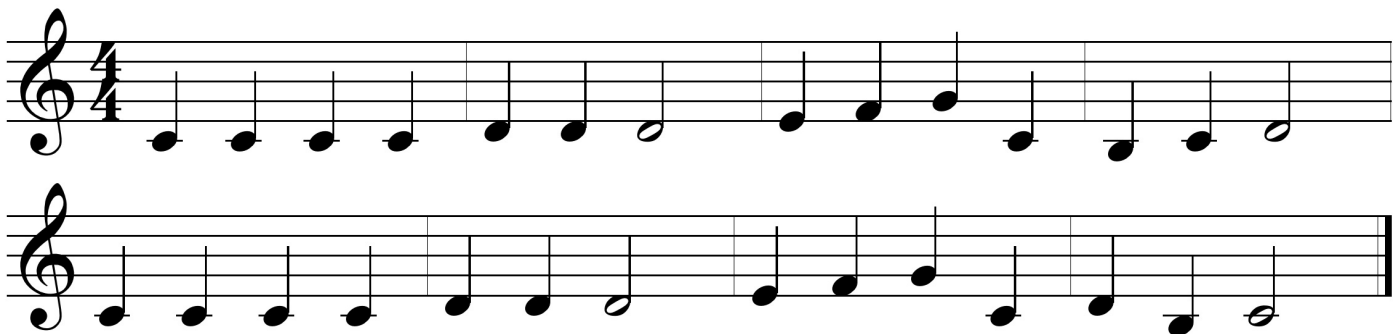
56. Mary Ann



57. Shoo Fly



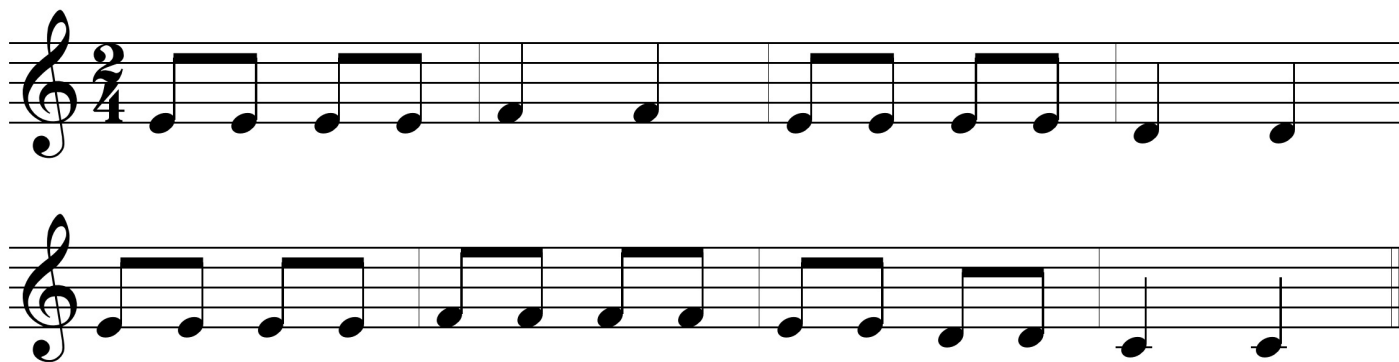
58. On the Bridge at Avignon



59. Lightly Row



60. Bile Them Cabbage Down

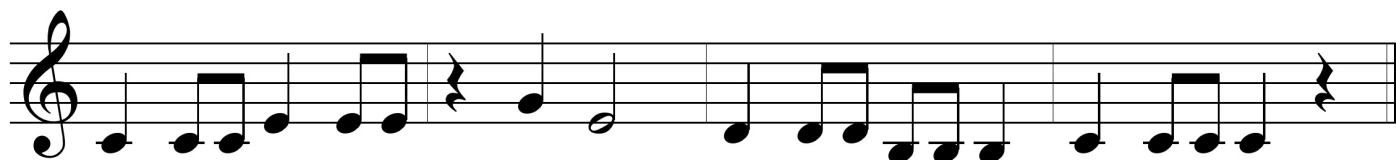
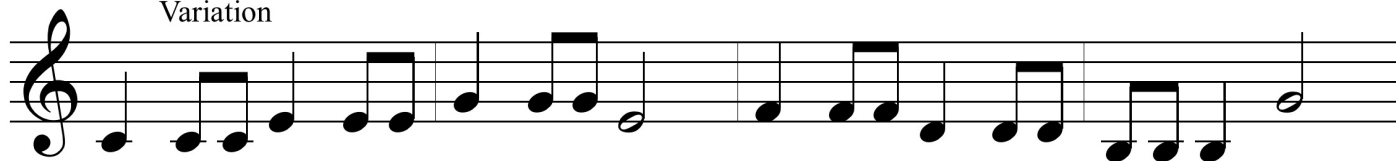


61. Surprise Symphony

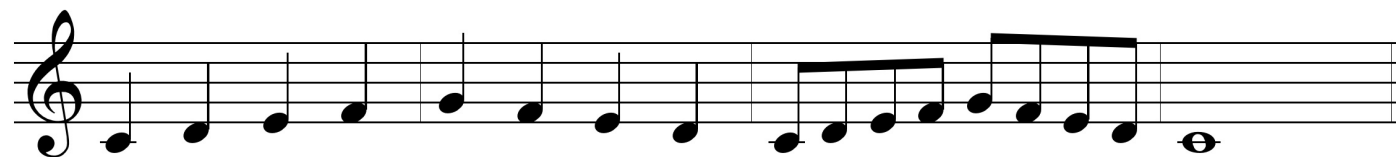
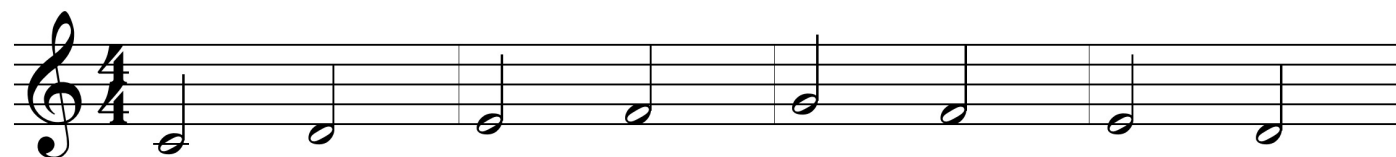
Theme



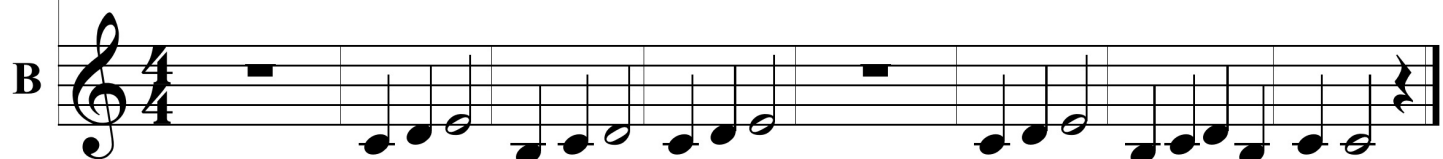
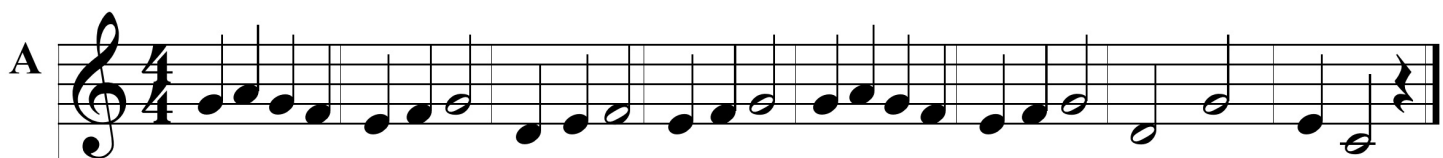
Variation



62. B-flat Five Note Scale Exercise



63. London Bridge (duet)



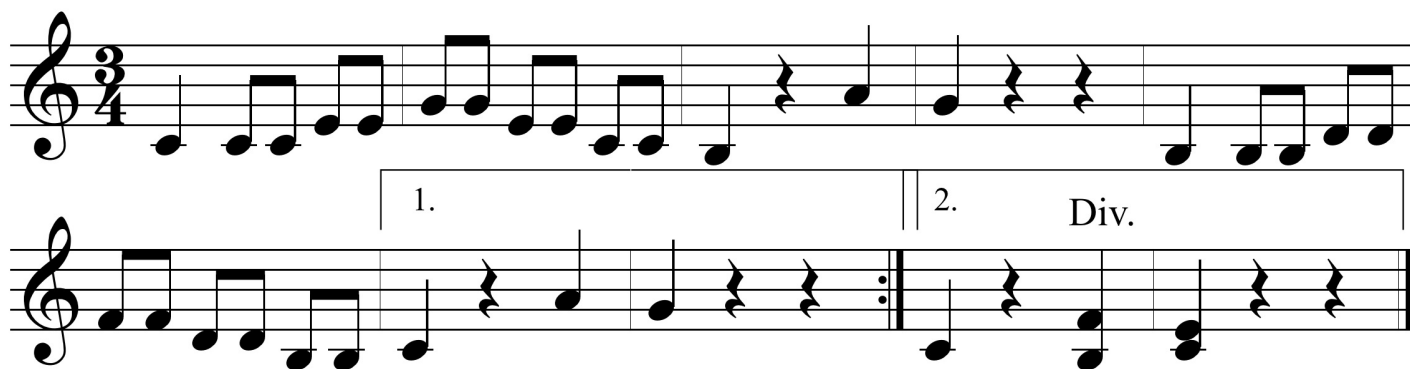
64. Stodola Pumpa



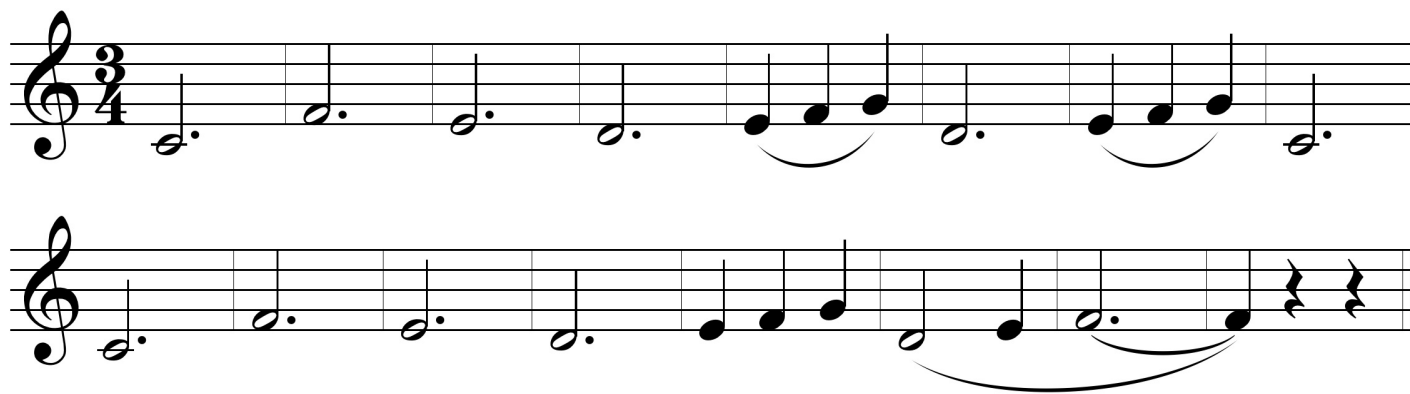
65. Frere Jacques

Musical notation for "Frere Jacques" in 4/4 time, presented in two staves. The top staff begins with a treble clef and a 4/4 time signature. It contains a melody of quarter notes. A circled number "1" is placed above the staff at the start of the final measure. The bottom staff begins with a circled number "2" above the staff. It contains a melody of eighth and quarter notes. A circled number "3" is placed above the staff at the start of the final measure. Both staves end with a double bar line.































66. Mexican Jumping Beans



67. Southern Roses






































Musical Symbols We Know

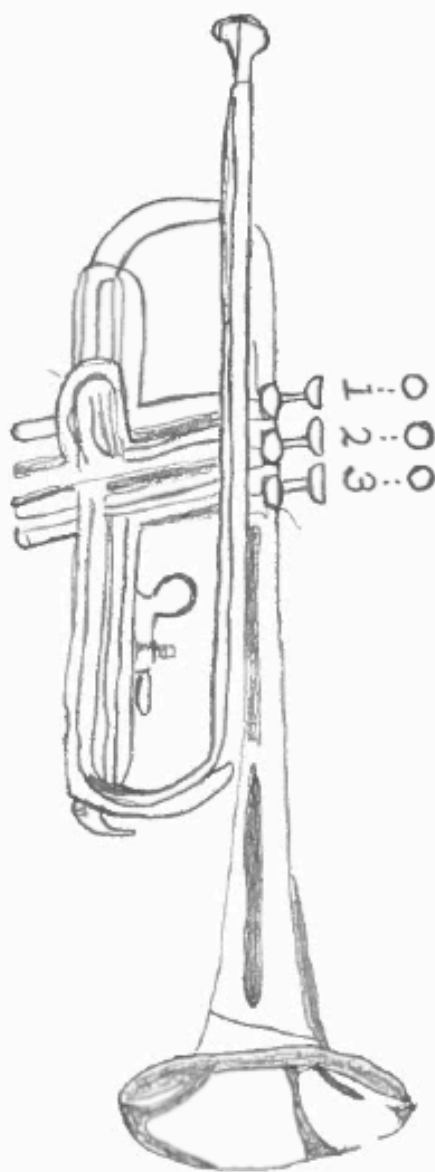
			
			
			
			
		<i>p</i>	
		<i>f</i>	
		<i>mp</i>	
		<i>mf</i>	
			
			
			
			
			
			
			
		<i>c</i>	
			
			
			

Treble Clef: Band

Musical Symbols We Know





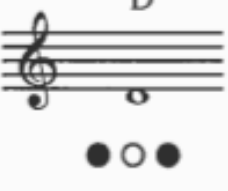
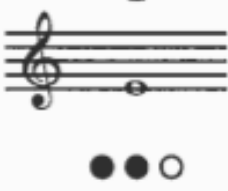






	Whole note: Four beats of sound.		Treble Clef
	Half note: Two beats of sound.		Natural Sign
	Quarter note: One beat of sound.		Flat Sign: Lowers a pitch a half step.
	Eighth note: One half beat of sound.		Sharp Sign: Raises a pitch a half step.
	Pair of eighth notes: One half beat of sound each.		<i>piano</i> : Play softly.
	Dotted half note: Three beats of sound.		<i>forte</i> : Play loudly
	Dotted quarter note: One and one half beats of sound.		<i>mezzo-piano</i> : Medium-soft
	Half rest: Two beats of silence.		<i>mezzo-forte</i> : Medium-loud
	Whole rest: Four beats of silence.		Staccato: Short and separated.
	Quarter rest: One beat of silence.		Accent: Attack the note stronger.
	Eighth rest: One half beat of silence.		Tenuto/Legato: Full value, smooth and connected.
	Five-line musical staff.		Crescendo: Gradually get louder.
	Measure		Decrescendo: Gradually get softer.
	Barline: divides staf into measures.		Fermata: Hold the note longer than its original value.
	Final barline: Ends a piece of music.		Slur: Curved line that connects two or more notes of different pitches.
	Repeat sign: Repeat a piece or section.		Common Time: Shorthand for $\frac{4}{4}$
	Tie: Curved line that connects two or more notes of the same pitch.		
	Multi-Measure Rest: Rest for the number of measures indicated.		
	Breath Mark		

Treble Clef: Band



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Trumpet Fingering Chart

<p>G</p>  <p>● ○ ●</p>	<p>A</p>  <p>● ● ○</p>	<p>B</p>  <p>○ ● ○</p>	<p>C</p>  <p>○ ○ ○</p>
<p>D</p>  <p>● ○ ●</p>	<p>E</p>  <p>● ● ○</p>	<p>F</p>  <p>● ○ ○</p>	<p>G</p>  <p>○ ○ ○</p>
<p>A</p>  <p>● ● ○</p>	<p>A[#] B^b</p>  <p>● ○ ○</p>	<p>B</p>  <p>○ ● ○</p>	<p>C</p>  <p>○ ○ ○</p>